



List of Allergens (Reg. 1169/2011)

1. **Cereals containing gluten, namely: wheat, rye, barley, oats, spelt, kamut or their hybridized strains, and products thereof, except:
 - Wheat-based glucose syrups, including dextrose (1);
 - Wheat-based maltodextrins (1);
 - Barley-based glucose syrups;
- Cereals used for making alcoholic distillates, including ethyl alcohol of agricultural origin.
2. Crustaceans and products based on crustaceans.
3. Eggs and products based on eggs.
4. Fish and products based on fish, except:
 - Fish gelatin used as a carrier for vitamin or carotenoid preparations;
 - Fish gelatin or isinglass used as a fining agent in beer and wine.
5. Peanuts and products based on peanuts.
6. Soy and products based on soy, except:
 - Fully refined soybean oil and fat (1);
- Natural mixed tocopherols (E306), natural D-alpha tocopherol, natural D-alpha tocopherol acetate, natural D-alpha tocopherol succinate derived from soy;
 - Vegetable oils derived from phytosterols and phytosterol esters from soy;
 - Vegetable stanol ester produced from vegetable oil sterols derived from soy.
7. Milk and products based on milk (including lactose), except:
 - Whey used for making alcoholic distillates, including ethyl alcohol of agricultural origin;
 - Lactitol.
8. Nuts, namely: almonds (*Amygdalus communis* L.), hazelnuts (*Corylus avellana*), walnuts (*Juglans regia*), cashew nuts (*Anacardium occidentale*), pecan nuts [*Carya illinoensis* (Wangenh.) K. Koch], Brazil nuts (*Bertholletia excelsa*), pistachios (*Pistacia vera*), macadamia nuts or Queensland nuts (*Macadamia ternifolia*), and products thereof, except for nuts used for making alcoholic distillates, including ethyl alcohol of agricultural origin.
9. Celery and products based on celery.
10. Mustard and products based on mustard.
11. Sesame seeds and products based on sesame seeds.
12. Sulphur dioxide and sulphites concentrations exceeding 10 mg/kg or 10 mg/l expressed as SO₂, calculated for products as proposed ready for consumption or reconstituted according to manufacturers' instructions.
13. Lupin and products based on lupin.
14. Molluscs and products based on molluscs.

ALLERGENS ARE INDICATED ON THE MENU WITH THE REFERENCE NUMBER IN THE ALLERGEN REGISTER

***THE DISHES ARE PREPARED WITH FROZEN OR DEEP-FROZEN INGREDIENTS AT THE SOURCE**